

## Chapter 9 – Problem Solve

### Your approach

How do you find solving problems? What do you find difficult about solving a problem?

What bias do you recognise has entered your thinking recently?

Problem solving resources & planning sheets can be found on  
[www.everydayleader.co.uk/everydaybookresources](http://www.everydayleader.co.uk/everydaybookresources) .

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### GROW approach

Think about a problem that you faced recently. Think about it using the GROW approach.

**G – What is your goal?**

**R – What is the reality?**

*Working*

*Not working*

*Causing problems*

**O – What are your options?**

**W – Which of these options is the best one to solve the problem?**