Everyday People, Everyday Leaders Team Reflection



Chapter 9 – Problem Solve

Your problems	
Review your problems that you have attempted to solve recently. How has it gone? Have the solutions worked?	
now has it gone: have the solutions worked:	
Do you problem solve together or alone? Is there anything that hinders you collectively solving problems?	

Problem solving resources & planning sheets can be found on www.everydayleader.co.uk/everydaybookresources .

You may want to work through a problem using the problem-solving sheet on our website.

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GROW approach		
Think about a problem that you face. Use this format		
G – What is your goal?		
R – What is the reality?		
Working		
Not working		
Causing problems		
O – What are your options?		
W – Which of these options is the best one to solve the problem?		